





Post Office Boxholder Zuni, New Mexico 87327

To reach the Pueblo of Zuni COVID-19 information center, open every day from 8:00 am to 5:00 pm, call: (505) 782-3368, 3370, or 3372.

a COVID-19 awareness publication from the Office of the Zuni Governor and Tribal Council

I:wichemanapshe Poster Contest Results

Through the help of many people this contest was made possible. We would like to thank all of the participants in the poster contest for positive messages of caring and loving one another. During this unprecedented time it is very important we all stick together and care for one another.

Through their creative minds these artists created images and messages to help us during this pandemic. One of the goals was to showcase the tremendous talent of our Zuni community. We would like to thank all the partners that made this possible. Here are the winners from our contest.

Alex Seowtewa Honor Award

Alex Seowtewa loved art. It was his passion. He always encouraged artistic expression no matter the medium. He was a great man and he is dearly missed. This award in his name

TWE CHE MAND,

I WAND

encourages the hidden creative talent in Zuni to come alive, especially during this rough time.

Awarded to: MyKale Vicenti & Brennan Lesarlley, Sr.

Judge's Choice Award

Awarded to: MyKale Vicenti, Claire Booqua, Gabriella James, Brandis Edaakie, and Brennan Lesarlley, Sr.

Judges: Robin Lasiloo, Kandis Quam, Jeff Shetima, and Mallery Quetawki

Contest Winners

Kinder – 3rd Grade

Mykale Vicenti Lyla Martinez JaeVon Vicenti Mya Edaakie Maleah Yuselew Amirah Manzanares Payton Edaakie

4th-6th Grade

Claire Booqua Mikayla Awelagte Renee Latone Jordan Etsate Alanna Lanyate Marlen Manzanares 7th-9th Grade

Gabriella James

10th-12th Grade

Brandis Edaakie

Adults

Brennen Lesarlley, Sr. Livia Panteah Keith Martinez Valarie Bellson Tyrell Westika Marvin Niiha Rodney Booqua











If you could step into these posters, which ones and why?

Send to sixfootfireline@ashiwi.org

Responses will be published anonymously in next week's issue.

Seven best-known practices to stop the spread of COVID-19 in Zuni

- 1. Stay at home as much as possible
- 2. Practice physical distancing maintain a personal fire line in public and at home
- 3. Avoid touching your face before washing your hands, especially when you've been in public places
- 4. Wash your hands often and completely for at least 20 seconds
- 5. When you cough or sneeze, cover your nose and mouth with a tissue or flexed elbow
- 6. Clean and disinfect frequently touched surfaces in your home
- 7. Keep learning about best practices to stop COVID-19

The Curfew Because

- 1. The Community is settled down and calm to end the day.
- 2. Families get the time to reconnect with each other.
- 3. Family members don't have to worry about their loved ones being at certain places during the night/late night hours.
- 4. Finally, like other parents and elders, my late great grandmother and great grandfather always told us when they were kids that it was always a must that everyone get their daily chores done and be back in their homes before nightfall, because during the night, whoever has passed away, that is their time to visit and just roam around. It's harder to explain in English, but whoever may read this, I hope you understand where I'm coming from. Hon a:wan e:yanne:k'ena da:chi wan ya'ła:shonne a:wall:u:ah. For us who live in the daylight world, we should give respect and have those who passed have their time to visit around and such.

In a way we have been practicing curfew since way long before this pandemic. And this might be a message from our ancestors to take things seriously, and respect what we fortunately have been given, and also to treat, love, and help one another, whoever that person may be. Chu:wa tse'man:ne is the term I use a lot, because no random person is going to just come up and give you his or her hand in help when you need it the most. I truly believe this is a term that speaks without limit, and I hope others will share this with our new generation, because it hurts to see we are losing ourselves as a people, but still act like we practice the old ways.

To whoever reads this, I would appreciate a response. Elah:kwa.

To reply with what you like about the curfew, email: sixfootfireline@ashiwi.org.

The Act of Voting

The act of voting is a right that many of us take for granted. Why should we vote? Many think if they vote the change they seek will happen overnight. Many natives out there feel their voices are unheard and their needs are unmet by government support. The truth is that it takes tenacious leadership the course of many years to shift positive social changes through their influence and understanding of a community's priorities.

It also takes accuracy of census data. Under the United States Constitution, this year's mandated 2020 Census marks the 24th time the United States has conducted a count of its citizens since 1790, when the first census was done. Census data not only helps to determine the number of seats each state holds in the House of Representatives; it allocates billions of dollars in funding for community infrastructure over the next ten years.

Historically, both voting and census engagement have suffered from low turnouts and responses. But in both cases the people themselves have the power to act and give back by responding proactively to voting (NMvote.org), and the 2020 Census (2020Census.org). Both can be done from your home, on your phone on secure sites, in about 15 minutes. Be patient. Read the instructions.

One of the biggest changes this year is

POZ Testing Results

The following Zuni-IHS COVID-19 test data, excluding negative results, was current as of May 7:

Total Tests: 683

Positive for Zunis: 58

Positive for non-Zunis: 53

Pending: 29

Latest updates are on the Pueblo of Zuni's COVID-19 Dashboard.

the push for safer voting through absentee ballot requesting. Secretary of State Maggie Toulouse Oliver stated that starting Tuesday May 5, 2020, absentee ballots will be mailed to all registered individuals affiliated with the Democratic, Republican, or Libertarian Parties of New Mexico, who have not already requested one.

May 5, 2020 also was the last day to update your voter registration information. If you missed this chance, voter registration will reopen after the June Primary for the November General Election. Don't miss the second window, so that in November you can vote for the candidates you feel best represent the interests of the people.

Information about designated early voting and June 2, 2020 polling sites will be announced at a later date. The Secretary of State asks people to return their ballots in the mail **before May 29, 2020.** No postage is required. Return to your McKinley County Clerk's Office in Gallup, or walk in your sealed absentee ballot to a designated polling site on Primary Election Day.

Remember: stay safe while exercising your right to vote.

Updated information can be found on the New Mexico Secretary of State's website, <u>sos.nm.us</u>, or by following her on Twitter <u>@NMSecOfState</u>.

Rock the Vote, Zuni!

Frontline Support

Are you working on the front lines to stop COVID-19? The New Mexico Healthcare Worker and First Responder Support line has your back. Call 1-855-507-5509 to talk.





ANNOUNCEMENT CALL FOR DONATIONS

The Zuni Emergency Incident Management Response is accepting donations of FACE MASKS for community members that are in need.

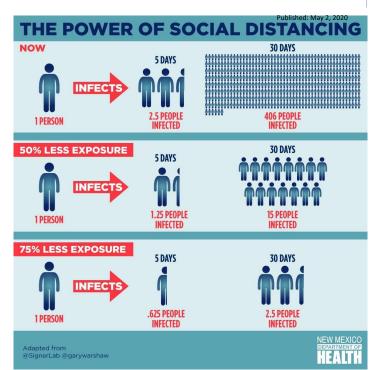
Drop-off/Shipping address:

Zuni Incident Command Center Route 301 North, Bldg. 054 Zuni. NM 87327

We are in this together. We appreciate your kind support.

For more information, please contact POZ COVID-19 Information Center at (505) 782-3368/3370|3372





Pueblo of Zuni COVID-19 Mental Health & Substance Abuse Warmline Information

The Teen Health & Family Wellness Center and the Zuni Recovery Center will be opening warmlines for Zuni Community Residents who may need someone to talk to during this pandemic.

A warmline is a phone number people can call to get support and learn about available mental health and substance abuse prevention resources relevant to the individual or a loved one. Zuni Community Residents do not need to be a patient or client, only to seek someone to talk to for reasons specific to each program, as listed below. Licensed Mental Health Counselors and Licensed Alcohol and Drug Abuse Counselors will be available.

TEEN HEALTH & FAMILY WELLNESS CENTER

Warmline: 505-870-7663

Hours of Operation: Monday 9-12pm, Wednesday 1-5pm, Friday 9-12pm

- Behavioral Health Services are available to individuals <u>ages 9 years</u> and <u>older</u>
- > Darrow Peynetsa, Licensed Mental Health Counselor (LMHC) List of possible reasons to call a Behavioral Health Counselor:
 - General Anxiety
- · Loss of security
- · Shock, worry, stigma
- · Bereavement/unresolved grief/loss of loved one
- Effects of social isolation (self-imposed)
- ✓ Caller will be screened during the process.
- ✓ All services will be done telephonically (by phone). Mobile cellphone minutes will apply.
- Caller may provide their Medicaid or health insurance information, but neither is required.

ZUNI RECOVERY CENTER

Warmline: 505-862-2126

Hours of Operation: Monday, Wednesday, Friday: 9-4pm

Substance Abuse services will be provided by Licensed Alcohol & Drug Abuse Counselors (LADAC): Kenny Sanchez, Kathlin Panteah, Olivia Eriacho.

List of possible reasons to call a Licensed Alcohol & Substance Abuse Counselors:

- For Individual and/or family substance use. (for example: drugs and/or alcohol use)
- For an individual who is trying to maintain their sobriety or relapse prevention during COVID-19
- Dealing or coping with a family member's addiction or abuse
- Caller will be screened during the process.
- All services will be done telephonically. Mobile cellphone minutes will apply.
- Caller may provide their Medicaid or health insurance information, but neither is required.

PLEASE CALL 911 OR VISIT THE ZUNI INDIAN HEALTH EMERGENCY SERVICES FOR:

- Suicidal ideation
- Severe depression
- Extreme anxiety
- Multiple stressors
- High level of distress
- COVID-19 symptom calls

Personal Bank Accounts Speed Federal Aid

The CARES Act supplies relief monies to qualifying individuals and families. Most recipients will secure their payments electronically from the IRS, which will use the bank account information on file from the recipient's last tax return.

Unbanked recipients will wait for paper checks, which can be lost or stolen. The Federal Deposit Insurance Corporation (FDIC), encourages everyone to use insured bank accounts.

The FDIC has developed resources to help unbanked consumers open bank accounts online so that they too may receive their payments securely and quickly. Visit <u>Receiving IRS Economic Impact Payments</u> for information on how to open a bank account and to receive relief funds electronically.

The FDIC webpage includes links to certified banks that offer remote account opening online.

The webpage offers additional resources including on how to submit account information to the IRS through the IRS Economic Impact Payments Portal, so that payments may be deposited electronically to the recipient's account

FDIC Video - How to Open a Bank Account

FACT SHEET

Information for Workers Affected by COVID-19

WWW.JOBS.STATE.NM.US

Fast, convenient, and secure.

Apply for unemployment benefits online.

1-877-664-6984 TOLL-FREE

Apply for unemployment benefits by phone Monday–Friday, 8:00am–4:30pm.



Governor Michelle Lujan Grisham has declared a state of public health emergency as a result of the novel coronavirus disease (also known as COVID-19). In light of the Governor's declaration, certain workers may be eligible for Unemployment Insurance (UI) benefits. Learn more at www.dws.state.nm.us/COVID-19-Info.

Am I eligible for unemployment benefits?.

You may be eligible if the situations described below apply to you:

- Employers may lay off some or all of their workforce as a result of the impact of COVID-19; for example, a restaurant that sees a significant reduction in business due to lack of customers dining out during this time, or an event facility that cancels all events until a later date, or bus drivers who are out of work due to temporary school closures.
- · Workers who are self-quarantined or directed to be quarantined, or who have immediate family who is quarantined.
- · Workers who have their hours reduced as a result of COVID-19.

How do I file an unemployment claim?..

UI claims are processed by the New Mexico Department of Workforce Solutions (NMDWS), and there are two ways to file an unemployment claim:

- ONLINE: You can file your new (initial) UI claim online at www.jobs.state.nm.us.
- 1-877-664-6984 TOLL-FREE TELEPHONE: You can also file over the phone by calling 1-877-NM-4-MYUI (1-877-664-6984). After following the automated prompts, your call will be transferred to a Customer Service Agent (CSA) who will complete your claim. The UI Operations Center is open 8:00am-4:30pm, Monday-Friday.

What requirements are there?.

NMDWS will be waiving the work search requirements for any of the above impacted workers for up to four weeks. After you have applied for benefits, you must file a weekly certification for each week for which you are applying for benefits. Weekly certifications may be filed online or by phone.

PLEASE NOTE: The first eligible week of any new claim is a "waiting week." You will not receive benefits for this week and it is not included in your weeks of payment.

What do I need to file my claim? -

Whether you file online or by phone, you will need the following information to file a new claim:

- \cdot Social Security Number (SSN)
- Mailing address and phone number(s) of employer(s) you worked for in last 18 months
- The starting and ending dates of your last job (or jobs if more than one employer in last 18 months)
- If you are a non-citizen, have your alien registration number and expiration date
- If you worked during the week you are filing your claim, be sure you know the gross amount (total dollars and cents before any deductions) of your pay before filing
- Pencil and paper to write down questions and instructions

COVID-19 FAQ

As people around the world learn more about COVID-19, what are considered best prevention practices today may soon be updated or even outdated. Just weeks ago the general public was advised to not wear protective masks when near others, a recommendation now widely reversed.

Keeping up to date with COVID-19 news is one of the most important things we can all do to stop the spread of this virus. The following FAQs are copied from cdc.gov.

Should children wear masks?

CDC recommends that everyone 2 years and older wear a cloth face covering that covers their nose and mouth when they are out in the community. Cloth face coverings should NOT be put on babies or children younger than 2 because of the danger of suffocation.

Wearing cloth face coverings is a public health measure people should take to reduce the spread of COVID-19 in addition to (not instead of), social distancing, frequent hand cleaning, and other everyday preventative actions. A cloth face covering is not intended to protect the wearer but may prevent the spread of the virus from the wearer to others. This would be especially important if someone is infected but does not have symptoms (is asymptomatic).

What is the difference between cleaning and disinfecting?

Cleaning with soap and water removes germs, dirt, and impurities from surfaces. It lowers the risk of spreading infection. Disinfecting kills germs on surfaces. Killing germs on a surface after cleaning can further lower the risk of spreading infection.

sixfootfireline@ashiwi.org

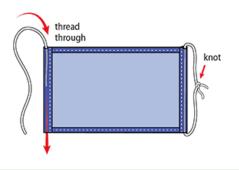
Sewn Cloth Face Covering

Materials

- Two 10"x6" rectangles of cotton fabric
- Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties)
- Needle and thread (or bobby pin)
- Scissors
- · Sewing machine



3. Run a 6-inch length of 1/8-inch wide elastic through the wider hem on each side of the mask. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight. Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the mask behind your head.



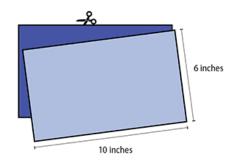
Make Your Own Mask

Protective masks can help to prevent the transmission of COVID-19, and you can make your own. The following directions are approved and published by the CDC, and can be found also on their site: cdc.gov

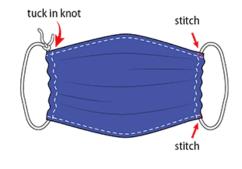
Wearing a mask when near other people, while helpful, does not guarantee that you will not contract COVID-19 from someone who is infected. Maintain your fire line.

Tutorial

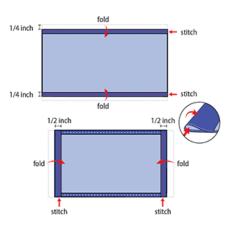
1. Cut out two 10-by-6-inch rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the mask as if it was a single piece of fabric.



4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the mask on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.



2. Fold over the long sides ¼ inch and hem. Then fold the double layer of fabric over ½ inch along the short sides and stitch down.



These COVID-19 masks were made in Zuni. If you would like your mask included in next week's issue, send a photo (no faces) to:

sixfootfireline@ashiwi.org



community knowledge • pueblo power • stop the spread

Bandana Face Covering (no sew method)

Materials

- Bandana (or square cotton cloth approximately 20"x20")
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

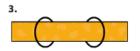
Tutorial







Fold top down. Fold bottom up.



Place rubber bands or hair ties about 6 inches apart.

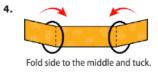


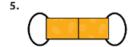


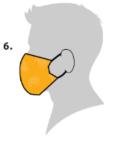
WEAR A FACEMASK

At ALL times when conducting essential activities

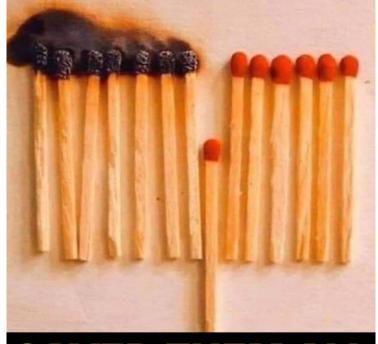
#DOMSLESNU #DOYOURPART







THE ONE WHO STAYED AWAY



SAVED THEM ALL

The Six-Foot Fire Line is guided by core community values. To each, add "...to stop COVID-19."

- · We will live accordingly
- We will respect one another
- We will think before we act and consider the consequences
- We will help one another
- We will give advice and counsel one another
- · We will be honest and trust one another
- · We will love one another
- · We will be kind and generous to one another
- We will listen and pay attention to one another
- We will be empathetic to one another...to stop COVID-19.

Tired of hearing, reading, and thinking about COVID-19?

Take a break. Make tea. Call a loved one.

Hold faith. Learn more. This will pass.