

“Your Life’s Direction”



June 7, 2017

2:00pm Tai Chi – ADC Clientele
Adult Day Care



Zuni Healthy Lifestyles



June 8, 2017

2:00pm Elder Workout
Fitness Place 164B Avenue, Blackrock



June

INCENTIVE: NAVY

BLUE SHIRT



June 9, 2017 SPINNING.

5:30pm Spinning
Fitness Place 164B Avenue, Blackrock



6:00pm Kids Hike/Walk

6 – 18 years old, 5 and under must have adult present

Coronado's Curse



June 10, 2017

8:00am Zumba – ZMS Gym
8:00am 5K Walk/Run
8:00am 1.5 Walk/Run
8:00am 2.5 Walk/Run
8:15am Elderly Walk (60 years old & older)



Registration Sites

- I.H.S Diabetes Program
- Zuni Dips Program
- Zuni Healthy Lifestyles Program
- Zuni Teen Health Center
- Pine Hill Wellness

For More Information, Please contact
Zuni Healthy Lifestyles
(505)782-2929/2299