


# March 2017 Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>March Commemoratives</i>						
<p>National Athletic Trainers Month National Nutrition Month American Diabetes Alert Month Peanut Month American Red Cross Month Bell Peppers and Broccoli Month Foot Health and Kidney Month Craft Month</p>	<p><i>Week 1: National Agriculture Week</i> <i>Week 2: Bubble Gum Week</i> <i>Week 3: National Goof Off Week</i> <i>Week 3: National Anonymous Giving Week</i> <i>Week 4: National Cleaning Week</i> <i>Week 4: National Sleep Awareness Week</i> <i>Berries and Cherries Month</i> <i>National Celery Month</i></p>		<p>1 <b>12pm Core &amp; Strength @ Fitness Place</b></p>	<p>2 <b>10am-12pm Open Gym 2 Fitness Place</b> <b>12pm Spinning @ Fitness Place</b></p>	<p>3 <b>12pm Circuit class @ Fitness Place</b> <b>5:30pm 2 Mile Walk/run @ DY Springs X-Country Trail</b> <b>5:30pm Strength &amp; Power @ Fitness Place</b></p>	<p>4 <b>9:30am Zumba/Aerobics @ fitness Place</b></p>
<p>5 <b>12pm Strength &amp; Endurance @ Fitness Place</b></p> <div style="background-color: black; color: white; padding: 5px; text-align: center;"> <b>REMEMBER SLOW PROGRESS... IS PROGRESS</b> </div>	<p>6 <b>12pm BootKamp Circuit @ Fitness Place</b> <b>5:30pm 2 Mile Walk/run @ DY Springs X-Country Trail</b> <b>5:30pm Zumba Mix @ Fitness Place</b> <b>6:30pm Push &amp; Rep @ Fitness Place</b></p>	<p>7 <b>10am-12pm Open Gym @ Fitness Place</b> <b>12pm Circuit @ Fitness Place</b> <b>5:30pm MixFit w/refreshments @ fitness place</b></p>	<p>8 <b>12pm Core &amp; Strength @ Fitness Place</b> <b>5:30pm X-Fit @ Fitness Place</b> <b>6:30pm Strength &amp; Power @ Fitness Place</b></p>	<p>9 <b>10am-12pm Open Gym @ Fitness Place</b> <b>12pm Spinning @ Fitness Place</b> <b>5:30pm Push &amp; Rep @ Fitness Place</b> <b>5:30pm Tai Chi @ Old WIC Office</b></p>	<p>10 <b>12pm Cardio hour @ Fitness Place</b></p> <div style="text-align: center;">  <p><b>NATIONAL NUTRITION MONTH</b></p> </div>	<p>11 <b>9:30am Zumba/Aerobics @ fitness Place</b></p>
<p>12 <b>10am Shamrock Shuffle Walk/Run @ DY Springs</b></p> <div style="text-align: center;">  </div>	<p>13 <b>12pm BootKamp Circuit @ Fitness Place</b> <b>5:30pm Zumba Mix @ Fitness Place</b> <b>6:30pm Strength &amp; Power @ Fitness Place</b></p>	<p>14 <b>12pm Z-Step @ Fitness Place</b> <b>5:30pm Buns &amp; Guns @ Fitness Place</b> <b>6:30pm HardKore @ Fitness Place</b></p>	<p>15 <b>12pm Total Body @ Fitness Place</b> <b>2pm YLD Tai Chi @ Adult Daycare Center</b> <b>5:30pm Zumba @ ZHS Cafeteria</b> <b>5:30pm X-Fit @ Fitness Place</b> <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>16 <b>10am-12pm Open Gym @ Fitness Place</b> <b>12pm Spinning @ Fitness Place</b> <b>2pm Elderly Workout @ Fitness Place</b> <b>2pm -5pm Kid's Fun Day @ Shiwi Tsana Park</b> <b>5:30pm HIT - Cardio @ Fitness Place</b> <b>5:30pm Tai Chi @ Old WIC Office</b> <b>6:30pm Yoga @ fitness Place</b></p>	<p>17 <b>5:30pm YLD Spinning @ Fitness Place</b> <b>5:30pm 2 mile Walk/run @ DY Springs X-Country Trail</b> <b>6:45pm Strength &amp; Endurance @ Fitness Place</b></p> <div style="text-align: center;">  </div>	<p>18 <b>9am YLD Walk/Run Event &amp; Zumba at ZMS</b></p> <div style="text-align: center;">  <p><b>Zuni Healthy Lifestyles</b></p> </div>
<p>19 <b>10am Rep &amp; Push @ Fitness Place</b></p> <div style="background-color: black; color: white; padding: 5px; text-align: center;"> <b>FAILURE DOESN'T COME FROM FALLING DOWN. FAILURE COMES FROM NOT GETTING UP.</b> </div>	<p>20 <b>12pm BootKamp Circuit @ Fitness Place</b> <b>5:30pm Zumba Mix @ Fitness Place</b> <b>6:30pm Push &amp; Rep @ Fitness Place</b></p>	<p>21 <b>10am-12pm Open Gym @ Fitness Place</b> <b>12pm Strength &amp; Power @ Fitness Place</b> <b>5:30pm Buns &amp; Guns @ Fitness Place</b> <b>6:30pm HardKore @ Fitness Place</b></p>	<p>22 <b>12pm Core &amp; Strength @ Fitness Place</b> <b>5:30pm Zumba @ ZHS Cafeteria</b> <b>5:30pm X-Fit @ Fitness Place</b> <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>23 <b>10am-12pm Open Gym @ fitness place</b> <b>12pm Spinning @ Fitness Place</b> <b>5:30pm Tai Chi @ Old WIC Office</b> <b>5:30pm MaxxFit: HIT @ Fitness Place</b> <b>6:30pm Yoga @ fitness Place</b></p>	<p>24 <b>12pm Cardio hour @ Fitness Place</b> <b>5:30pm Push &amp; Rep @ Fitness Place</b></p>	<div style="background-color: black; color: white; padding: 5px; text-align: center;"> <b>STRIVE FOR PROGRESS</b>                  × NOT ×  <i>Perfection</i>  <b>WHEN YOU FEEL LIKE QUITTING THINK ABOUT WHY YOU STARTED</b> </div>
<p>26 <b>10am Spinning @ Fitness Place</b></p> <p style="text-align: center;"><b>Zuni DIPS Program</b> 782-3091/3095</p> <p style="text-align: center;"><b>Zuni Healthy Lifestyles</b> 782-2929/2299</p>	<p>27 <b>12pm BoodKamp Circuit @ Fitness Place</b> <b>5:30pm Zumba Mix @ Fitness Place</b> <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>28 <b>10am-12pm Open Gym @ fitness place</b> <b>12pm Circuit @ Fitness Place</b> <b>5:30pm Buns &amp; Guns @ Fitness Place</b> <b>6:30pm HardKore @Fitness Place</b></p>	<p>29 <b>12pm Core &amp; Strength @ Fitness Place</b> <b>5:30pm X-Fit @ Fitness Place</b> <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>30 <b>10am-12pm Open Gym @ Fitness Place</b> <b>12pm Spinning @ Fitness Place</b> <b>5:30pm Tai Chi @ Old WIC Office</b> <b>5:30pm MaxxFit: HIT @ Fitness Place</b> <b>6:30pm Rep &amp; Push @ Fitness Place</b></p>	<p>31 <b>12pm Cardio hour @ Fitness Place</b> <b>5:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p><b>Instructor Legend</b></p> <div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Kathy</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Rich</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Chasity</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Kevin</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Matt</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Tara</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Kevin G.</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Thomas</span>  </div> <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Andrea</span>  </div> </div>