

# December 2017 Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>December Commemoratives</b>			<b>FITNESS IS NOT ABOUT BEING BETTER THAN SOMEONE ELSE...IT'S ABOUT BEING BETTER THAN YOU USED TO BE.</b> 			
<p><i>Dec. 2 - National Fritter Day</i>      <i>Dec. 4 - National Cookie Day</i></p> <p><i>Dec. 7 - Cotton Candy Day</i>      <i>Dec. 8 - Brownie Day</i></p> <p><i>Dec. 9 - National Pastry Day</i>      <i>Dec. 9 - Apple Pie Day</i></p> <p><i>Dec. 12 - Ginger Bread House Day</i>      <i>Dec. 13 - National Cocoa Day</i></p>						
	<p>4  <b>12pm Total Body Circuit @ Fitness Place</b>  <b>5:30pm Buns &amp; Guns @ Fitness Place</b>  <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>5  <b>12pm Group Strength @ Fitness Place</b>  <b>5:30pm Total Body Circuit @ Fitness Place</b>  <b>6:30pm X-Fit @ Fitness Place</b></p>	<p>6  <b>5:30pm MaxxFit @ Fitness Place</b></p>	<p>7  <b>12pm Spin Storm @ Fitness Place</b>  <b>5:30pm Spin Strength Ride @ Fitness Place</b>  <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>8  </p>	<p>9  <b>STRENGTH DOESN'T COME FROM WHAT YOU CAN DO.</b>  <b>IT COMES FROM OVERCOMING THE THINGS YOU ONCE THOUGHT YOU COULDN'T.</b></p>
<p>10  <b>10am Naughty or Nice 2 Mile &amp; 5K Walk/Run @ DIPS</b>  </p>	<p>11  <b>12pm Total Body Circuit @ Fitness Place</b>  <b>5:30pm Buns &amp; Guns @ Fitness Place</b>  <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>12  <b>12pm Total Body Circuit @ Fitness Place</b>  <b>5:30pm YLD Total Body Circuit @ Fitness Place</b></p>	<p>13  <b>12pm Spinning/Strength @ Fitness Place</b>  <b>5:30pm YLD MaxxFit @ Fitness Place</b>  <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>14  <b>12pm Spin Storm @ Fitness Place</b>  <b>2pm YLD Elder Workout @ Fitness Place</b>  <b>5:30pm SpinFlex @ Fitness Place</b>  <b>6:30pm X-Fit @ Fitness Place</b></p>	<p>15  <b>12pm Spinning Strength Ride @ Fitness Place</b>  <b>5:30pm YLD Spinning @ Fitness Place</b>  <b>5:30pm YLD Zumba @ ZMS</b></p>	<p>16  <b>9am YLD Walk/Run Event @ ZMS</b>  </p>
<p>17  </p>	<p>18  <b>12pm Total Body Circuit @ Fitness Place</b>  <b>5:30pm Buns &amp; Guns @ Fitness Place</b>  <b>6:30pm Strength &amp; Endurance @ Fitness Place</b></p>	<p>19  <b>12pm Spin Storm @ Fitness Place</b>  <b>5:30pm Total Body Circuit @ Fitness Place</b>  <b>6:30pm X-Fit @ Fitness Place</b></p>	<p>20  <b>12pm Spinning/Strength @ Fitness Place</b>  <b>5:30pm MaxxFit @ Fitness Place</b></p>	<p>21  <b>12pm Spin Storm @ Fitness Place</b>  <b>3:30p-5p Kid's Christmas Craft Time @ Fitness Place (Transportation Avail.)</b>  <b>5:30pm SpinFlex @ Fitness Place</b></p>	<p>22  <b>12pm Spinning Strength Ride @ Fitness Place</b>  <b>3:30p-5p Lil' Chefs @ Fitness Place (Transportation Avail.)</b></p>	<p>23  <b>Zuni DIPS Program 782-3091/3095</b>  <b>Zuni Healthy Lifestyles 782-2929/2299</b></p>
<p>24  </p>	<p>25  </p>	<p>26  <b>12pm Circuit @ Fitness Place</b></p>	<p>27  <b>12pm Spinning/Strength @ Fitness Place</b>  <b>5:30pm MaxxFit @ Fitness Place</b></p>	<p>28  <b>12pm SpinStorm @ Fitness Place</b>  <b>5:30pm SpinFlex @ Fitness Place</b>  <b>6:30pm X-Fit @ Fitness Place</b></p>	<p>29  <b>12pm Spinning Strength Ride @ Fitness Place</b>  <b>5:30pm METCON @ Fitness Place</b></p>	<p>30  <b>Instructor Legend</b>  </p>